

From what does she want from me, anyway? By Holly Phillips

She wants you to...

- Understand what frustrates her
- Help share her load
- Recognize and ease her fears
- Respond to her pain
- Examine your relationship for causes of frustration, fear, and pain
- Affirm what she does, but more importantly affirm who she is
- Receive and validate her emotions; allow for her feelings, needs, desires, and dreams
- Include her in your life and world
- Think in terms of 'we'
- Lead by serving
- Show her you love her by what you do – what looks to her like loving her
- Do something she wants instead of what you want
- Use ink in your schedule for her; pencil in all else
- Consider whether the hours you spend at work necessary and reasonable
- Let her know your needs, struggles, fears, doubts, concerns; she wants to be a part.
- Understand the difference in how you communicate
- Listen
- Put her needs first in your sexual relationship
- Dedicate yourself to sexual purity – only for her
- Be willing to work at your sexual relationship to be the best it can
- Let sex be only one way you express your love to her
- Never stop being a learner
- Be open in admitting your mistakes
- Don't try to go it alone; let others help you
- Grow beyond your boundaries of opinion and prejudice
- Be patient
- Never lose heart; let God change you from the inside.

She wants you to communicate by...

Listening.....Being her booster club...sharing each other's worlds...recognizing her

WHAT MEN AND WOMEN NEED

A man needs:

- To be given respect
- To be honored in his own home
- To be desired sexually and emotionally
- To be needed and wanted
- To be considered the most important person in his wife's universe
- To be cheered on in his interests
- To be understood as 'not perfect' but as a human being who bruises, fears, tears
- To be allowed mistakes
- A wife – not a mother
- A partner proud to bear his children
- A woman strong and confident enough in herself to allow him to lead

A woman needs:

- To be listened to
- To be considered
- To feel secure
- To be valued for who she is, not just what she does for everyone
- To be respected and taken seriously
- To be appreciated, not taken for granted
- A husband willing to assume spiritual leadership of the family
- A partner in parenting, not just baby-making
- A husband who will care about the things that matter to her
- A husband who will provide her the opportunity to pursue desires, hopes, dreams
- A husband who loves her more than his work
- A husband who finds his fulfillment in her, their marriage, and their family

Taken from what does she want from me, anyway? By Holly Phillips